



# South Eastern ADHD **SUPPORT GROUP**

Having a child living with ADHD can be challenging, exhausting and emotional. Parents and carers face issues on a daily basis regarding this no longer hidden and misunderstood condition.

Would you like to be part of a Support Group where you can share your experiences, stories and knowledge and be supported by other parents and carers?

This group provides an opportunity to discuss struggles of life that families and their children go through every day, with people who truly understand. Please join us for a coffee in a relaxed and non judgemental environment.



New members will receive an information pack and be supported by the support group facilitators, Flora and Annie.

## Meetings for 2022

Wednesday, 19 October

Wednesday, 16 November

Wednesday, 14 December

**Time: 10am - 12pm**

## Community Information & Support Cranbourne

156 Sladen Street,  
Cranbourne

**Cost: Gold Coin Donation**

For enquiries ring Flora on 0413 695 192 or Annie on 0413 378 146  
or email [annie@kindpathways.com.au](mailto:annie@kindpathways.com.au)