

Welcome to CIS Outreach

CIS Outreach is a joint initiative of Casey North Community Information and Support Service and Community Information and Support Cranbourne to effectively support the City of Casey residents.

At CIS Outreach, we believe support should be easy to access, welcoming and close to where you are.

Our Outreach team visits local community locations to make it easier for people to get help without the stress of appointments or complicated processes.

We offer a friendly face, a listening ear and practical support to help you find the right services for your situation. You are not alone. We are here to help you navigate difficult times and connect you with the right support.

CIS CRANBOURNE



CASEY NORTH CISS



How we can help



Our Outreach Workers can support you with:

- Information about local support services
- Referrals to community programs
- Emergency relief and food assistance
- Housing and homelessness information
- Financial hardship support options
- Centrelink guidance and referrals
- Family and personal support services
- Mental health and wellbeing referrals
- Domestic and family violence support pathways
- Help understanding what services are available.

If we don't have the answer, we will help you find someone who does.

Free • Confidential • No appointment needed

Why speak to an outreach worker?



Because sometimes the hardest step is knowing where to start and everyone deserves support -

Our Outreach service is:

- Friendly and approachable
- Free and confidential
- No appointment required
- Available in local community spaces
- Focused on practical support
- Here to listen without judgement

CIS OUTREACH PROGRAM

A free community support service
and joint initiative of
Casey North - CISS
& CIS Cranbourne



We provide free, confidential information and support to individuals and families who may be experiencing difficulties, or who simply need help finding the right service.

You can speak with us about:

- Financial hardship/counselling
- Food relief and material aid
- Housing & homelessness support
- Centrelink support
- Family, individual, youth and child
- Mental health and wellbeing services
- Domestic and family violence support
- Referrals to local community programs and services

We are here to listen, help you understand your options, and connect you to the right supports in your community.

For urgent help please call: 000

Crisis Support Available via:

Lifeline - 13 11 44

Suicide Call back Service - 1300 659 467

Kids Helpline - 1800 55 1800

**Crisis Family Violence Support via Safe Steps -
1800 015 188**

Crisis Statewide Housing Service - 1800 825 955

Need Support? Contact us

Our Outreach Workers, Vanessa and Clare, can be contacted via phone or email:

Vanessa
0401 183 103
outreach@caseynorthciss.com.au

Clare
0401 330 790
outreach@caseynorthciss.com.au

**If you are doing it tough, feeling unsure
where to go, or just need information, come
and have a chat. Sometimes one
conversation can make things feel a little
lighter.**

**Come say hello to the CIS Outreach team.
We are here for you.**

**Contact us to find out our closest
location to you.**

**CIS
OUTREACH**



OUTREACH



**Free confidential support for
Casey residents**

**No appointment
needed, just call for
a chat**